
Cole Slaw, Colonel Smiley's

Servings: 10

great cole slaw

Rating: 8.5

tried on 11-14-2005 in preparation of dinner with Dick and Betty, Val and Jack.

1 medium cabbage, chopped
1 medium onion, grated
1 medium carrot, grated and chopped
1/4 teaspoon salt
1/2 teaspoon celery salt
DRESSING
1 cup sugar
1/3 cup vinegar
1 cup mayonnaise
1 teaspoon mustard, prepared

Cook vinegar and sugar until sugar dissolves. Cool.

Add mayonnaise and mustard.

Pour onto veggies and stir well. Refrigerate.

Per Serving (excluding unknown items): 246 Calories; 19g Fat (64.5% calories from fat); 1g Protein; 23g Carbohydrate; 1g Dietary Fiber; 8mg Cholesterol; 269mg Sodium. Exchanges: 0 Lean Meat; 1/2 Vegetable; 1 1/2 Fat; 1 1/2 Other Carbohydrates.